

## Understanding sugar content in drinks

Learning Foci	Understand/Know/Do	Suggestions for pedagogies/strategies	Supporting resources
<a href="#"><u>Accessing prior knowledge and experiences</u></a>	<p>Define and give examples of sugary drinks.</p> <p>Discuss/inquire: consumption of sugary drinks - What, Why, When, Where and How?</p> <p>Identify and categorise types of sugary drinks and alternatives.</p> <p>Ask and record curious questions about the issue of sugary drink consumption.</p>	<p>Seed the classroom with learning materials before beginning the topic. For example, media articles, advertising materials</p> <p>Develop and maintain a visual display of traditional drinks from various cultures, including both sugary drinks and healthier alternatives.</p> <p>Conduct a rapid survey of class purchase and consumption habits.</p> <p>Respond to provocations to generate discussion about sugary drinks using pre-post surveys and discussion starters.</p> <p>Develop and maintain a KWL Chart throughout learning: Students communicate what they already know about sugary drinks, what they want to know, and what they have learned.</p> <p>Brainstorm influences on sugary drink consumption.</p>	<p>Multi-lingual resources displaying images and information about each of the focusing inquiry questions (above).</p> <p>Images and information about traditional drinks from a range of cultures.</p> <p>Recent media articles, advertising materials promoting sugary drinks, and health promotion resources related to sugary drinks.</p> <p>Rapid survey tool</p> <p>Provocations as discussion starters</p> <p>KWL chart</p>
<a href="#"><u>Understanding sugar content in drinks</u></a>	<p>Correctly state the number of grams of sugar in one teaspoon of sugar.</p> <p>Correctly estimate/calculate the total number of teaspoons and grams of sugar in a variety of beverages.</p> <p>Apply guidelines for sugar consumption, both free and natural including the 3-6-9 rule.</p>	<p>Blind taste-test a range of drinks and estimate the amount of sugar in 330 ml (select from bags of sugar provided)</p> <p>Survey the sugar content in a range of drinks and represent the sugar content by measuring out teaspoons of sugar, per 100 ml.</p> <p>The teaspoon campaign -Direct teaching supported by visual display/PPT</p>	<p>Research the sugar content of common beverages and create a chart or infographic to share with the class.</p> <p>FIZZ Teacher PowerPoints</p> <p>FIZZ Student worksheets</p> <p>Video analysis: Larry's teeth</p>